

**SNF Script:
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Speaker:

Hello, thank you so much for contacting A Place for Mom. We want to be your resource when researching the maze of senior housing options. We have Eldercare Advisors throughout the country who are ready and willing to help you.

What are they called

Nursing Homes are known by many different names across the country, Skilled Nursing Facilities, Care Centers, Rest Homes or Rehabilitation Centers.

What are Nursing Homes:

Nursing homes offer a type of care and a place of residence for people who require round the clock nursing care or have significant challenged with the activities of daily living, in other words, may need assistance with eating meals, taking medications, using the restroom or toileting, bathing and grooming, getting dressed and physically getting to meals and activities. The senior may be offered a reminder to accomplish these activities or be offered hands- on assistance provided by a staff member.

It's common to enter a Nursing Home after a stay in a hospital, often for rehabilitation or to just get stronger after an illness or surgery.

The goal of many Nursing Homes is to rehabilitate residents so they can return home or to an assisted living community if their health permits.

Residents primarily include the elderly, some nursing homes may have younger adults with physical disabilities or needing a short rehab stay living there as well.

Changes – not like they used to be

Nursing Homes have changed significantly over the years, staffing levels and staff training is far more specialized then in years past. Environments have changed and continue to change towards a less institutional type setting. Policies and procedures are much more standardized than other types of senior housing. In general the approach to resident care and socialization is resident focused. The goal of the community is to provide high level of health care in a safe and secure setting.

What types of care can be provided (might be a good place for a graphic)

Nursing Home residents not only receive assistance with all activities of daily living but also can receive specialized care for more advanced health issues such as;

- Assistance with complex medications
- Injections or IV's
- Wound Care
- Incontinence
- Transfer assistance - mobility
- Catheters
- Ventilator
- Rehabilitation

- Dementia or memory care
- Hospice or end of life care

What are the types of atmosphere the care can be provided in?

The size of the nursing home will vary from 50 – 100 or more residents. Residents may have a private room or share it with several individuals. Each room will provide a restroom, but not necessarily bathing facilities. Resident's rooms often include a bed, chair, closet or dresser unit, television and phone. What makes Nursing Homes stand out from other senior housing is high degree of care they can manage or the specialty care they may offer.

Also Nursing homes often accept more payment sources private pay, Medicare, Medicaid, private insurance, long term care insurance and Medicare Supplemental insurance. Not all Nursing Homes will accept every type of insurance or government payment sources but many do.

Nursing Homes can be found in a variety of locations from urban to suburban settings typically they are close to a hospital. Nursing homes may be owned or managed by publicly traded corporations, small companies, churches, families or individuals. Some entities will have hundreds of communities while others may just manage one.

Daily Rate – what's typically included

Nursing Homes charge a daily rate and typically included in the rate are the following services:

- Medical & Personal Care plus board
- Emergency Call System
- Routine staff visits
- 24-hour licensed staff
- Meals
- Housekeeping
- Transportation – however, this may not be standard in every location
- Activity Program – for residents who may or may not be able to leave their room

Nursing homes fill a critical need in senior housing, with the ability to focus on higher levels of care and a variety of payment sources. They can fill many gaps where other options in senior housing may not.

Here at A Place for Mom we hope this information has been helpful in guiding you through a senior housing option you might not have been familiar with. Please contact your Eldercare Advisor or A Place for Mom at _____ if you have any additional questions.

Best wishes to you and family.